

Harm Reduction & Overdose Prevention Program

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Uniting Harm Reduction & Overdose Prevention Program

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Acknowledgement of Traditional Owners

We acknowledge the Traditional Owners of Country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.



Uniting Harm Reduction & Overdose Prevention Program

- Assertive Outreach Team - initially funded under the Risk of Overdose initiative in 2018
- Provide Harm Reduction education and information (on all drug types) for the prevention of substance related harm
- Naloxone Training (clients, families and staff of AOD and other relevant services) and the provision of naloxone
- Brief interventions with clients, families, friends and staff / workers of other organisations
- Client counselling and single sessions with families
- Liaison/collaboration with other organisations providing overdose prevention services to ensure continued development of the program

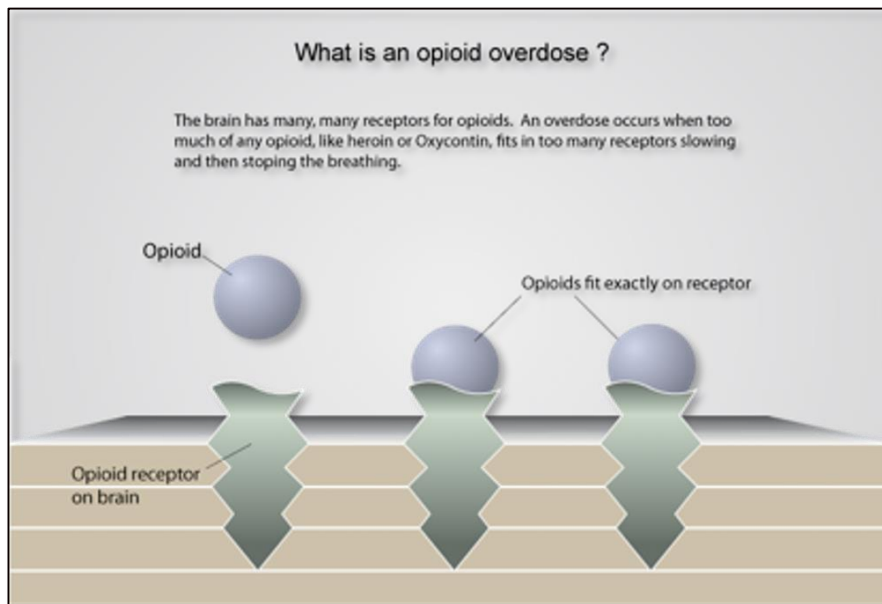
Criteria / Referral pathway:

- See program flyer
- Client centred – meet people where they're at
- High Risk substance use / complexity
- harmreduction@vt.uniting.org

Support

- Conduit to other forms of treatment / support
- More intensive client assessment, individual Treatment Planning and Case Coordination (based on CRC model) as required
- Referrals to other relevant services, treatment or harm reduction services
- Discuss treatment options (ORT, MSIR, NSP's).
- Facilitate streamlined access to AOD services

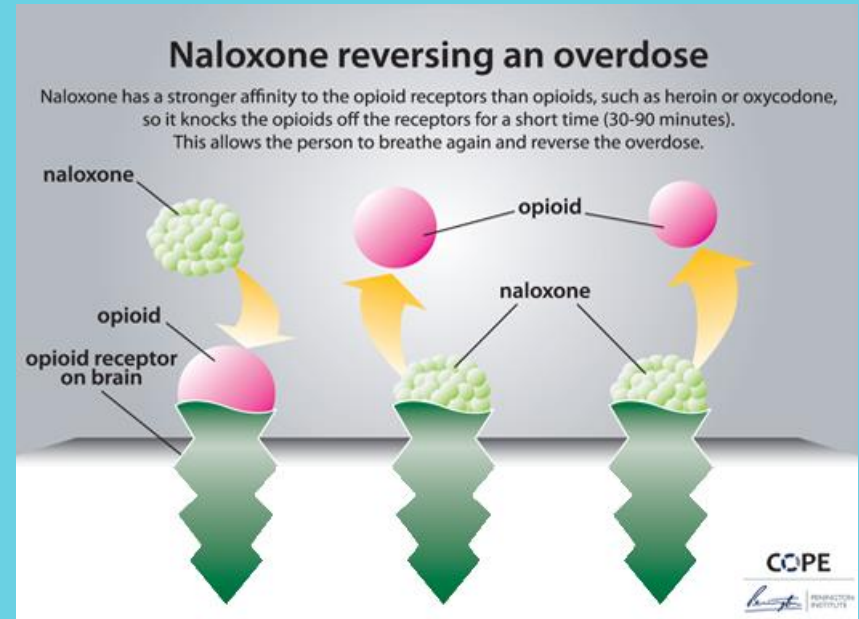
Signs and Symptoms of Opioid Overdose



- Unresponsive but awake
- Limp body, heavy nod
- Pale and /or clammy face, bluish fingernails and / or lips
- Shallow or erratic breathing, or not breathing at all
- Slow or erratic pulse / heartbeat
- Vomiting, choking sounds or gurgling
- Snoring, Loss of consciousness / death

Naloxone... what is it?

- Naloxone (brand names Prenoxad, Nyxoid) is a drug that can temporarily reverse opioid overdose.
- Opioid antagonist - Naloxone works by blocking opioids (such as heroin and oxycodone) from attaching to opioid receptors in the brain.



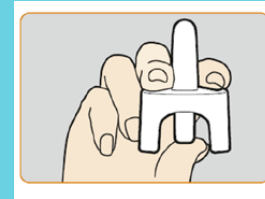
Naloxone..

- **AMPOULES** – contain 400 micrograms of Naloxone
- **PRENOXAD** – Intramuscular Injection contains 5 doses x 400 micrograms of Naloxone
- **NYXOID** – Intranasal spray contains 2 doses x 1.8 mg of Naloxone.
- Based on its pharmacokinetics, a single dose (1.8 mg) of NYXOID is expected to deliver a similar onset for reversing an opioid overdose, that is comparable to Intramuscular Naloxone (400 micrograms).
- If administering a second dose of NYXOID it is equivalent to 5 doses of 400 micrograms of Intramuscular Naloxone.



Responding to an Opioid Overdose with NYXOID

- Check for signs of overdose
- Give 2 rescue breaths (if trained to administer CPR)
- Call an ambulance – Triple 000
- Administer Nyxoid
- Place in recovery position
- Monitor and give support until the ambulance arrives
- Administer 2nd dose of Nyxoid if no improvement after 2–3 minutes
- Watch for acute withdrawal symptoms



Naloxone

Take Home Naloxone program

What is it...

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About the Take Home Naloxone program

The Australian Government is investing \$19.6 million over 4 years from 2022-23 to deliver the Take Home Naloxone program nationally.

From 1 July 2022:

- **All community pharmacies - will need to register via PPA online**
- **Hospital pharmacies**
- **Approved medical practitioners**

From 1 November 2022: In Victoria naloxone will be available from the following sites

- **Needle and syringe programs**
- **Medically Supervised Injecting Room**

These services are considered Authorised Alternative Suppliers.

Thank you

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Resources

<https://www.penington.org.au/resources/cope-overdose-first-aid/>

<https://www.youtube.com/watch?v=OlubISZpwQA>

<https://nyxoid.com.au/nyxoid-learn/>

<https://www.health.gov.au/initiatives-and-programs/take-home-naloxone-program/about-the-take-home-naloxone-program>

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